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Come & Play 4.0

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Case Study Presentation: Successful Implementation of Inclusive Sports Initiatives



COME^{4.0}
PLAY

○ Banskó 27 – 28 April 2023

Key Principles: The Foundation of Inclusion

1 Accessibility

Sports and facilities should be accessible to everyone, regardless of physical or cognitive ability.

2 Diversity and Equity

All individuals should be included, without discrimination based on age, race, ethnicity, gender, religion, or ability.

3 Empowerment and Participation

Individuals with disabilities should be active participants, not passive recipients, in the design and delivery of inclusive sports initiatives.

4 Socialization and Integration

Sports should promote socialization and integration, building bridges between different communities and fostering mutual respect and understanding.

CASE STUDY 1: INCLUSIVE SPORTS IN SCHOOLS

Design

Developed innovative activity-based programs for students with disabilities and nondisabled peers.

Implementation

Worked with schools to create an inclusive sports culture, providing training for teachers and coaches.

Outcomes

Increased physical activity levels, socialization, and self-esteem among students with disabilities. Also created a more inclusive school environment.

Case Study 2: Successful Inclusive Sports Program for Disabled Athletes



ADAPTIVE SPORTS

Offered a wide range of adaptive sports, such as wheelchair basketball and para-swimming, to disabled athletes.



TEAM SPIRIT

Encouraged team spirit and peer support, creating a supportive and empowering environment for disabled athletes.



ACHIEVEMENT AND RECOGNITION

Celebrated the achievements of disabled athletes, providing opportunities for recognition and growth, and promoting a positive image of disability.

Impact and Outcomes: The Power of Inclusivity

Health and Well-being

- Inclusive sports initiatives foster physical health and mental well-being, reducing the risk of chronic diseases and mental health issues.

Social Inclusion

- Inclusive sports initiatives create opportunities for individuals of all abilities to meet and interact, building social connections and fostering community cohesion.

Economic Benefits

- Inclusive sports initiatives generate economic benefits, including employment opportunities and increased revenue for sports clubs and organizations.

Challenges and Lessons Learned: Overcoming Obstacles

Social Attitudes and Stigma

Biases and prejudices towards people with disabilities can hinder the implementation of inclusive sports initiatives.

1

Financial Constraints

One of the main challenges is finding the financial resources needed to develop, implement and sustain inclusive sports initiatives.

2

Lack of Expertise and Training

Another major challenge is the lack of expertise and training needed to design and deliver inclusive sports initiatives, including adaptive equipment and universal design principles.

3

Future Directions: Scaling up and Replication

Policy Change

Engage policymakers to advocate for policy changes that support inclusive sports initiatives.

Technology

Explore the potential of technology to enhance the accessibility and inclusivity of sports initiatives.

Global Partnerships

Forge global partnerships to exchange best practices, knowledge and resources, and promote a shared vision of inclusion.

Embracing Inclusive Sports Initiatives



Start Small, Dream Big

Every small step towards inclusion is a step in the right direction, creating a better world for everyone.



Connect, Collaborate, Celebrate

Inclusive sports initiatives offer the opportunity to connect with others, collaborate with others and celebrate diversity and talent.



A New Dawn of Inclusion

The dawn of a new era of inclusion in the world of sports is approaching. Be part of it!