



INTERNATIONAL CONFERENCE "SPORTS INNOVATIONS AND GOOD EUROPEAN PRACTICES"

16 June 2023



COME^{4.0}
PLAY



Co-funded by EAC/S09/2020 -
Grassroots sport programmes
and infrastructure innovation of
the European Union

Project: Come and Play 4.0

No: EAC-2020-0745

LOCATION:

Sofia, Bulgaria

Grand Hotel Sofia

Sofia Hall, floor 2

ORGANIZED BY:

Association Sport Club

"Comac Sport"

STARTING TIME:

10:00 am. on 16 June 2023



PROGRAM

10:00 - 10:30 AM Registration of the participants

10:30 - 10:45 AM Opening Remarks and Welcome Address by Sport Club “Comac Sport” – Dr. Mladen Lambeff

10:45 - 11:30 AM: Keynote Speaker Session – Rodrigo Dudas, Sport Coordinator of Budapest Association for International Sports, Hungary

11:30 - 12:00 PM: Interactive Presentation: "Come and Play 4.0" – Yanitsa Boycheva & Dr. Mladen Lambeff

12:00 - 12:30 PM: Coffee Break

12:30 - 1:30 PM: Session 1: "Sustainable Sport Practices in the EU" „Carbon Neutral Sports Club Network – C ZERO SPORTS CLUB“ Elif Kayhan, Turkey

1:30 - 2:30 PM: Lunch

2:30 - 3:00 PM: Session 2: "Innovative Training Methods and Techniques" “#SWIM – Swim Without Fear” – Joanna Dochevska, Bulgarian Sports Development Association

3:00 - 3:30 PM: Session 3: "Promoting Equality and Inclusion in European Sports" "Women's hurdles: a European project to increase the physical activity of women" - Roberto Volpe, MD, AMS, PhD, National Research Council of Italy
“#SMILE - Sport, Motivation, Inclusion, Leadership, Engagement”
Joanna Dochevska, BSDA

3:30 - 3:45 PM: Closing Remarks and Conclusion – Yanitsa Boycheva

**The event is organized by Sport Club “Comac Sport” within the framework of the “Come and Play 4.0” project, EAC-2020-0745, co-funded by the European Union.*